

Subject: FW: July Noteworthy News
Attachments: Safe_Sleep_Environment_rev.pdf; DHS - Physician's Directive for Alternative Infant Sleep Position - DHS B21 Rev. 07-13.pdf; DHS - Infant Rolling Over Acknowledgement - DHS B25 - Rev.11-14.pdf; DHS - Parent Consent for Swaddling - DHS B2 - Rev. 7-13.pdf; Windows Fall Safety.pdf; Sun Safety 2018.pdf; Permission to Administer Medications Form - Rev.9-17.pdf

-:-Did You Know-:-

<https://mn.gov/dhs/general-public/licensing/legislative-changes/>

The link above was sent to all licensed providers via email in mid-June. Once you open the link, click on family child care. This link explains the 2018 changes for licensed family child care providers, county licensors, and Department of Human Services.

-:-RULE REMINDER!



245A.1435 REDUCTION OF RISK OF SUDDEN UNEXPECTED INFANT DEATH IN LICENSED PROGRAMS.

(a) When a license holder is placing an infant to sleep, the license holder must place the infant on the infant's back, unless the license holder has documentation from the infant's physician directing an alternative sleeping position for the infant. The physician directive must be on a form approved by the commissioner and must remain on file at the licensed location. An infant who independently rolls onto its stomach after being placed to sleep on its back may be allowed to remain sleeping on its stomach if the infant is at least six months of age or the license holder has a signed statement from the parent indicating that the infant regularly rolls over at home.

- Attached you will find the Physicians Directive for Alternative Infant Sleep Position form. This form is to be filled out by a physician only and allows a provider to place an infant on his or her stomach or side (not normally recommended). The physician can only allow this alternative sleep position and no other alternative sleep position. The license provider and parent must also sign this form.
- Attached you will find the Infant Rolling Over Acknowledgment form. This form is to be used for an infant (younger than six months) who independently rolls onto his/her stomach after being placed to sleep on his/her back. The parents acknowledge that while in the care of the licensed program, their infant will be placed on his/her back to sleep and that when their infant independently rolls over onto his/her stomach while sleeping, the license holder may allow the infant (younger than six months) to remain sleeping on his/her stomach.

(b) The license holder must place the infant in a crib directly on a firm mattress with a fitted sheet that is appropriate to the mattress size, that fits tightly on the mattress, and overlaps the underside of the mattress so it cannot be dislodged by pulling on the corner of the sheet with reasonable effort. The license holder must not place anything in the crib with the infant except for the infant's pacifier, as defined in Code of Federal Regulations, title 16, part 1511.

The requirements of this section apply to license holders serving infants younger than one year of age. Licensed child care providers must meet the crib requirements under section [245A.146](#). A correction order shall not be issued under this paragraph unless there is evidence that a violation occurred when an infant was present in the license holder's care.

- Attached you will find a Safe Sleep Environment document. This document can be shared with your prospective families during an interview to discuss safe sleep practices. I hear from many providers that parents are not always following the same sleep practices that you as a licensed family child care provider are required to follow. Hopefully by showing and explaining this form to them it will make for a safer and consistent sleep pattern at home and child care.
- The use of any type of heart rate monitor, oxygen monitor, or wedge are prohibited in a licensed family child care.
- No modifications or any type of crib environment manipulations are allowed. Only a tight fitting sheet and an approved pacifier is allowed in the crib with an infant.

(c) If an infant falls asleep before being placed in a crib, the license holder must move the infant to a crib as soon as practicable, and must keep the infant within sight of the license holder until the infant is placed in a crib. When an infant falls asleep while being held, the license holder must consider the supervision needs of other children in care when determining how long to hold the infant before placing the infant in a crib to sleep. The sleeping infant must not be in a position where the airway may be blocked or with anything covering the infant's face.

(d) Placing a swaddled infant down to sleep in a licensed setting is not recommended for an infant of any age and is prohibited for any infant who has begun to roll over independently. However, with the written consent of a parent or guardian according to this paragraph, a license holder may place the infant who has not yet begun to roll over on its own down to sleep in a one-piece sleeper equipped with an attached system that fastens securely only across the upper torso, with no constriction of the hips or legs, to create a swaddle. Prior to any use of swaddling for sleep by a provider licensed under this chapter, the license holder must obtain informed written consent for the use of swaddling from the parent or guardian of the infant on a form provided by the commissioner and prepared in partnership with the Minnesota Sudden Infant Death Center.

- Attached you will find the Parent Consent for Swaddling form. This form is to be used for an infant when the parents are requesting their child be swaddled. If you are going to swaddle you can only use an approved sleeper that is discussed above. The use of a blanket for swaddling is prohibited. Swaddling an infant in a licensed family child care is not recommended and must be discontinued as soon as the infant has begun to roll over. The form must be completely filled out by the parent and signed by both the parent and provider. As soon as the infant rolls over and swaddling has been discontinued the provider and parent must initial and date that swaddling has been discontinued.

-:-Tip To Try-:-

Attached you will find a Windows Fall Safety document. It is that time of year when providers have their windows open to get a nice breeze throughout the house. Make sure that screened windows are away from couches or play areas low to the ground. This will help keep curious children from falling out of a screen. Screens are to be used to keep bugs out but they don't keep a child safe from falling out if they are pushing on the screen.

Attached you will find a Sun Safety guide. Please read ways you can keep the children protected from the sun. If you are using any type of sunscreen make sure that you have written permission from the parents. You can find the Permission to Administer Medication Form on the Carver County Child Care Licensing website as well as attached to this email.



If at any time your email address changes or you wish to be removed from this list, simply reply to inform me and I will be sure to take the proper action for you. Please be aware that when important licensing changes occur, this does not mean that those that do not have access to email will not be informed. It will just take a little longer for those without email to receive notification, as it will be sent through regular US Postal Service.

If you have one or two ideas that you think others would like to use or benefit from, please feel free to send them to: tpsprengeler@co.carver.mn.us

They can be fun art projects, space saving ideas, safety tips, food recipes that have been a hit, or anything that has worked for you that others could benefit from.



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