Be Well

Wash your Hands!

Before, during, and after preparing food
Before eating food
Before and after caring for someone who is sick
Before and after treating a cut or wound
After using the toilet
After changing diapers
After cleaning up a child who has used the toilet
After blowing your nose, coughing, or sneezing
After touching an animal, animal feed, or animal waste
After handling pet food or pet treats
After touching garbage

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

For more details on handwashing visit
www.co.carver.mn.us/preventdisease

CARVER COUNTY

Public Health
Prevent. Promote. Protect.

Healthy Carver for a Lifetime