

OVERVIEW

Convenient and accessible mental health services are provided within the school for students and families. These services are designed for easy access to a mental health therapist who will provide support about mental health concerns.

The Mental Health Therapist can help with common concerns such as school difficulties, depression, anxiety, grief and loss, parent-child conflicts, attention problems, and acting out behaviors.

Services are individualized so treatment can focus on respecting differences and building on individual strengths. A diagnostic assessment and treatment planning will be provided as well as coordination with the family and school to improve the student's functioning.

The goal of this service is to allow students to have seamless support between their academic and mental health needs in order to increase their skills to manage within their home, school and community.

Payment for services will be billed through your insurance plan. A sliding fee application is available if you need financial assistance.

CARVER COUNTY HEALTH AND HUMAN
SERVICES
First Street Center
540 East First Street
Waconia, MN 55387

Carver County Student Mental Health Services



Providing mental health
intervention to youth and
families in their schools, home
and community

A Service of Carver County Health
and Human Services

REFERRAL PROCESS

It's easy. School staff will be able to tell you how to contact a student mental health therapist from your school or call the First Street office at 952-442-4437, we will take it from there.



The student mental health therapist will explain the process to you and schedule an appointment to get started.

SERVICES PROVIDED



Student Mental Health Services that may be provided include:

- Individual Therapy
- Group Therapy
- Family Therapy
- Skills Training
- Consultation with school personnel to enhance student success
- Referrals to other appropriate county services

CONTACT INFORMATION

Referrals and requests for service should be made directly to:

Your child's school site OR

Carver County Health and Human Services
First Street Center
540 East First Street
Waconia, MN 55387

952-442-4437

