

May
Menu
2020



CAP AGENCY
CONGREGATE DINING and
HOME DELIVERED MEALS
A SENIOR SERVICE OF
SCOTT-CARVER-DAKOTA
CAP AGENCY, INC.



FOR YOUR
DINING
PLEASURE

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Tuna Noodle Casserole Carrots Break Stick w/ Butter Fresh Grapes M & M Cookie <i>Alternate: Turkey Noodle Casserole</i>
4	5	6	7	8
Smothered Chicken Leg Mashed Potatoes w/ Gravy Brussel Sprouts Dinner Roll w/ Butter Fresh Apple	Chicken Enchiladas Spanish Rice Chuckwagon Corn Sour Cream Strawberry Cup	Chicken Strips Macaroni & Cheese Steamed Broccoli Fresh Orange Blueberry Muffin	Pork Loin w/ Cherry Glaze Roasted Potatoes Italian Vegetables Sliced Peaches Cookie Tea Biscuit w/ Butter <i>Alternate: Chicken Breast w/ Cherry Glaze</i>	Tator Tot Hotdish Chef's choice Vegetable WW Roll w/ Butter Cantaloupe English Toffee cookie
11	12	13	14	15
White Turkey Chili Corn Muffin Winter Blend Vegetables Fresh Banana Snickerdoodle cookie	Baked Chicken Rigatoni Glazed Carrots Garlic Toast Fresh Pear Sugar Cookie	Beef Meatloaf Mashed Potato w/ Butter Green Beans WW Roll w/ Butter Banana Bar	Tomato Soup Crackers Egg Salad on Croissant Tropical Fruit Muffin	Breaded Pollock Filet Tartar Sauce White Rice CA Blend Vegetables Garlic Bread w/ Butter Diced Peaches Apple Strudel Bites <i>Alternate: Chicken Breast w/ Lemon Pepper Sauce</i>
18	19	20	21	22
Salisbury Steak Cheesy Hash browns Mixed Vegetables WW Roll w/ Butter Fresh Apple <i>Order for 5/25 Bag Lunch</i>	Chicken Wild Rice Casserole Glazed Carrots French Bread w/ Butter Fresh Pear Cherry Strudel	Chicken Fried Steak Mashed Potatoes w/ gravy CA Vegetable Blend WW Roll w/ Butter Fresh Banana	Sloppy Joe on a Bun JoJo Potatoes Coleslaw Fresh Banana Chocolate Chip Cookie	Quarter Roasted Chicken Baby Red Potatoes Buttered Corn WW Roll w/ Butter Apple Pie
25	26	27	28	29
<i>Encore Closed Due to Memorial Day</i>	Beef and Vegetable Stew Italian Blend Vegetables Warm Biscuit w/ Butter Diced Pears Key Lime Tart	Beef Pot Roast Mashed Potatoes w/ Gravy Carrots Dinner Roll w/ Butter Chocolate cake w/ icing Rcd: no icing	Chicken Parmesan Penne Pasta w/ Marinara Mixed Vegetables Fresh Apple Sugar Cookie	Swiss Steak Mashed Potatoes Steamed Carrots French Bread w/ Butter Spice Cake

Reservations and Cancellations must be made three days in advance.

Meals include 1% milk and butter. RCD=restricted calorie dessert. If you are on a reduced calorie diet, please inform the site coordinator so the appropriate food can be delivered to you. We use only fresh, light or juice packed fruits; vegetables are served without salt or fat. Questions regarding meals or options can be directed to the site coordinator in your community at the numbers listed below, Monday through Friday mornings. Thank you for dining with CAP Agency Senior Nutrition!

SENIOR NUTRITION SITES

SCOTT COUNTY		CARVER COUNTY		DAKOTA COUNTY	
Belle Plaine	952-873-6311	Chaska (Different Menu)	952-361-5072	Apple Valley (different menu)	612-669-2910
Jordan	952-492-2208	Chanhassen	952-227-1127	Eagan (different menu)	612-987-9321
New Prague	952-758-2652	Waconia-HDM Only	952-442-5478	Farmington-HDM Only	612-940-9590
Prior Lake	952-447-8895			Inver Grove Heights (different menu)	612-987-9321
Shakopee-HDM Only	952-402-9814			Lakeville	612-669-2913
(Different Menu)				Mendota Heights (different menu)	612-987-9321
				Rosemount (different menu)	612-669-2910

CAP Agency Senior Nutrition is funded through the Federal Older Americans Act by a contract with the Metropolitan Area Agency on Aging, state appropriations, CAP Agency and participant contributions. Your comments are welcome. Program staff can be reached at the Shakopee Office at 952-402-9855.