

QPR

Question, Persuade, Refer



September 12, 2019
6:00 pm – 7:00 pm

Waconia

Ridgeview Medical Center –
Auditorium
500 S Maple St

To register, visit: <https://qpr-waconia9-12.eventbrite.com>

For more information, contact
Wil at 651-645-2948 ext. 114 or
wsampson-bernstrom@namimn.org.



1919 University Ave. W., Ste. 400
St. Paul, MN 55104
Phone: 1-651-645-2948
Toll Free: 1-888-626-4435
www.namimn.org

Description:

Learn the three steps anyone can take to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught gatekeeper training program in the United States, and more than one million adults have been trained in classroom settings in more than 48 states.

This one hour class is for members of the community over the age of 16 who want to learn best practices in suicide prevention.



NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy.