

MENTAL HEALTH AND SUICIDE AWARENESS PUBLIC EVENT

CARVER COUNTY ADULT MENTAL HEALTH INITIATIVE IN
COLLABORATION WITH THE LOCAL ADVISORY COUNCIL, WELLNESS IN
THE WOODS MINNESOTA AND THE LIVIN FOUNDATION PRESENT A
NIGHT OF SPEAKERS AND RESOURCES AVAILABLE TO THE GENERAL
PUBLIC ~ FREE OF CHARGE

THURSDAY, MAY 17TH, 2018 ~ 5PM TO 8PM
CHASKA COMMUNITY CENTER
THEATER ROOM
5PM ~ RESOURCES & REFRESHMENTS
6PM ~ PRESENTATION

PAUL "PT" THOMAS IS A TWIN CITIES RADIO PERSONALITY WHO FOUNDED THE
LIVIN FOUNDATION AFTER PERSONALLY DEALING WITH DEPRESSION AFTER THE
LOSS OF HIS FATHER TO SUICIDE. PT SPEAKS OPENLY ABOUT HOW HIS LIFE HAS
CHANGED SINCE HIS FATHER'S DEATH AND SHARES THE LIVIN FOUNDATION'S
MISSION ~ "GET BUSY LIVIN!"

STEVE HANSBERRY IS AN OUTREACH ASSOCIATE WITH WELLNESS IN THE WOODS
MINNESOTA, A QPR INSTRUCTOR (QUESTION, PERSUADE, REFER) HE SITS ON THE
REGION 7E AMHI GOVERNING BOARD, THE KANABEC COUNTY HSF COUNCIL AND THE
MINNESOTA DEPARTMENT OF HEALTH SUICIDE PREVENTION COMMITTEE